

24 HOUR RESTAURANTS

Montreal Smoked Meat (the sign says **Mel's**) 160 Adelaide Street East, 365-1212 Deli food.

Novo Era 1172 Dundas Street West (416) 538-7700 bakery, get the grilled ham and cheese

Steak Out 460 Yonge Street (416)966-4714 North of College, West side, **delivery til 5:00 AM**

Seven West Cafe 7 Charles Street West (Yonge and Charles), 928-9041

II Chez Cafe 3 Charles Street East (Yonge and Charles), 968-9078.

Vesta Lunch 474 Dupont 537-4318 (at the corner of Bathurst, looks like the Hopper painting "Nighthawks" it is also very near Hattrick Esso, one of the 24 hour gas stations)

LATE NIGHT RESTAURANTS

Amato Pizza 534 Queen Street West, 703-8989. Open until **4:00 AM**

Bunz 218 Adelaide, 597-8092. Italian sandwiches until **4:00 AM** weekends

Caribbean Roti Corner 607 Queen Street West, 504-9558. Open until **4:00 AM** on weekends.

The Corned Beef House 303 Adelaide Street West, 977-2333. Open until **3:00 AM**.

Excellent Peking House 263 Spadina Ave (416) 979-7598 Open until **5:00 AM** great Chinese food.

Happy Seven 358 Spadina Ave, 971-9820 Chinese, until **5:00 AM**

Insomniac Cafe 563 Bloor Street West, 5883907. Cyber Cafe until **4:00 AM** Thursday to Saturday..

Paraskevas By Night 785 Danforth, 466-3432 Greek, until **6:00 AM**

Pizza Gigi 189 Harbord Street, 535-4444 open until **4:00 AM** every night, with delivery.

Planet Kensington 197 1/2 Baldwin 341-0310 Open at 8:00 am for breakfast, food until closing time at **2:00 am**

Swatow 3:00 or on weekends, **4:00 AM**, Fukkien region Chinese food, not great cuisine, but lots of it, and cheap!

Sneaky Dee's Mexican and 'spoon' food 431 College at Bathurst **5:00 AM**.

MORE RESTAURANTS

Below are a variety of daytime restaurants, by type, most of which I can personally vouch for. None are truly expensive. Plus, while you are at the conference you are close to two food courts, one in Metro Hall, one in the CBC building. Also, many of the venues have food (see list).

BREAKFAST

Lakeview Lunch 1132 Dundas Street West at Ossington, (restored diner)

Kilgour's 509 Bloor Street West

Kos 434 College Street West, 923-1868

Sneaky Dee's (see late night restaurants)

CAFE - BISTRO

College Street Bar: 574 College St. 533-2417

C'est What 67 Front St. 867-9499

Dolce Vita 612 College St. 531-0028

Epicure Cafe:512 Queen St. W. 504 8942

Express Cafe: 254 Queen St. W. 596-0205

Kalendar Koffee House: 546 College St. 923 4138

Peter Pan: 375 Queen St. W. 593 0917

FISH AND CHIPS

Harbord Fish and Chips 147 Harbord 925-2225

JAMAICAN

Irie Caribbean Restaurant 808 College Street, 531-4743 (531-IRIE) Chefs, not cooks, nice room, bar.

Mr Jerk 209 Wellesley Street East, 961-8913 (local delivery only, but great take out, and cheap)

THAI

Bangkok Paradise: 506 QUEEN ST. W. (THAI) 504 8210 *

Green Mango 707 Yonge Street, 219 Yonge Street these are hot table deli's pretty good and fast.

Royal Thai 524 Bloor West, just east of Bathurst.

Salad King (across Gould Street from Sam the Record Man main outlet on Yonge) good Pad Thai and Curry.

Thai Thai Cafe 92 King Street East has a deli style buffet as well as making items fresh to order.

Queen Mother Cafe :208 QUEEN ST. W. (THAI) 598 4719

VIETNAMESE

Anh Dao 383 Spadina South of College, really great Pho, good Vermicelli and a long menu of Vietnamese dishes I haven't yet tried.

Saigon Palace 454 Spadina at College Great Vermicelli dishes and Chicken Curry.

JAPANESE

Sushi Bistro :204 QUEEN ST.W 971 5315

CHINESE

King's Noodle 296 Spadina Ave. 598-1817

Lee Garden 331 Spadina Ave. 593 9524

Tiger Lily's Noodle House 257 Queen St W. (Pan Asian) 977 5499

ETHIOPIAN

Queen of Sheba at 1198 Bloor, West of Dufferin, highly recommended by many people.

Ethiopian House 4 Irwin Ave 923-5438 (just off of Yonge North of Wellesley)

HUNGARIAN

Korona, Bloor between Spadina and Bathurst big plates of schnitzel and all things Hungarian. John Wayne music policy.

VEGAN

Juice For Life 521 Bloor Street West, between Spadina and Bathurst.

Also in Le Chateau on Queen, at Spadina.

PIZZA AND ITALIAN

Brass Taps : 934 COLLEGE ST. (CAFE-BAR) 533 4333

221 CARLTON (416) 966-9440

495 DANFORTH AV (416) 466-3403

Hey Lucy 595 King St West

Terroni 720 QUEEN ST.W. (ITALIAN Deli) 504 0320

Via Oliveto 376 Bloor St W 925-6689

INDIAN

Raja Sahib: 254 ADELAIDE ST. W. (INDIAN) 593 4756

Plus, there is a huge East Indian neighbourhood at Gerrard Street East around Coxwell with lots of great food.

AMERICAN

Hard Rock Cafe: 1 BLUE JAY WAY (AMERICAN) 341 2388

Montana: 145 JOHN ST. (WESTERN) 595 5949