

## Basic and Emergency Supplies

- High quality sunglasses for driver (wide lenses, polarizing, no scratches)
- A second set of keys to the road vehicle
- A car club membership (C.A.A. get the most coverage you can afford)
- An Automatic Tire Pump
- Fix the Vehicle Lighter, it is essential
- At least one powerful **flashlight** per vehicle
- Flares
- Gaffer Tape, aka Duct Tape
- Hydraulic Jack
- Swiss Army Knife (multi-blade)
- Tarp
- Division of labour for Travel Tasks
- Gas card
- Cash Float
- Cel Phone 1 per vehicle
- Frozen Water in Bottles, and at least one jug of fresh water
- List of Everyone's **Emergency Numbers**, one copy for each band member
- Booster cables
- Pheylonian Long Burning Candles (candle in a can for emergency heat)
- Waterproof matches
- 1 Litre Stainless Steel Thermos
- Contracts - keep copies of all contracts in an easily accessible spot
- Press Kits (at least **5** copies with one set aside as a **MASTER COPY. not to be distributed**)
- Stickers with **Press Addresses and Names**
- Alarm Clock
- Cooler
- Travel Coffee Pot
- Thermal Blanket
- Bug Repellent
- Markers and blank paper for set lists
- Signed Postcards of the band (to send/give people who have helped the band on the road)
- Signed Promotional Material (see above)
- International Drivers Permit (if applicable)
- Fuses for the vehicle
- Rope
- Powerbars (Emergency Food)
- A **Road Atlas of Canada** a book, not a map
- A checklist of the band's music equipment and stage gear, including serial numbers

## Useful Items for a Long Tour

- Tents
- Tarp
- Rope
- Inflatable Mattresses
- Cooler (You can get a lighter plug powered refrigerators, but even styrofoam is better than nothing)
- Laundry Bags
- Pillows
- Sleeping Bags
- Walkman with speakers
- Camp Lanterns
- Liquid Laundry Soap
- Favourite Music
- A lighter operated tire pump with an air mattress attachment

## Food and Cooking Supplies

- A large Rubbermaid container with a properly fitting,, tight sealing lid., to hold the Items listed below
  - Blender
  - Juicer
  - Rice Cooker
  - Snack Factory (a sandwich maker)
  - Can opener
  - Jugs of water
  - Dishsoap
  - Cast Iron Frypan (if cooking over a fire, coat the outside first with dishsoap)
  - Electric Frypan
  - Camp Stove
  - Hibatchi
  - Metal Spatula (egg flipper)
  - Cutting board
  - Sharp Knife (in a cardboard sleeve!)
  - Unbreakable Plates and Bowls
  - Plastic Containers with covers
  - Cutlery and cooking utensils
  - \_\_\_\_\_
- |   |                                   |                                    |                                |
|---|-----------------------------------|------------------------------------|--------------------------------|
| <input type="checkbox"/> Salt           | <input type="checkbox"/> Garlic   | <input type="checkbox"/> Soy sauce | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Oil            | <input type="checkbox"/> Potatoes | <input type="checkbox"/> Salsa     | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Margerine      | <input type="checkbox"/> Bread    | <input type="checkbox"/> _____     | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Pepper grinder | <input type="checkbox"/> Ketchup, | <input type="checkbox"/> _____     | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Onions         | <input type="checkbox"/> Mustard  | <input type="checkbox"/> _____     | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Ginger         | <input type="checkbox"/> Relish,  | <input type="checkbox"/> _____     | <input type="checkbox"/> _____ |



